

INTRODUCTION

Try creating our urban folder project and take your sewing to new heights with the atelier 5. This contemporary styled, well illuminated sewing machine has a great range of 170 stitches with 10 styles of buttonholes. A spacious bed provides room for larger quilting and home furnishing projects, whilst its easy convenient features like an automatic thread cutter, easy set bobbin, memorised needle up/down and knee lifter save you time and make your sewing easier. It has a sewing speed of up to 1,000 spm, an easy change needle plate and 9mm stitch width.

URBAN FOLDER COVER

By Lesley Brankin 

YOU WILL NEED:

- cotton fabrics in the following shades:
 - blue – approx. 29" x 18"
 - grey – approx. 11" x 15"
 - green – approx. 4" x 15"
 - yellow – approx. 4" x 15"
- 33" x 15" calico or other cotton fabric for background
- 33" x 15" quilfers cotton wadding
- 28" x 14½" light weight iron on stabilizer
- permanent marker pen, ruler, light source (e.g. window or light box)
- blue embroidery and sewing threads, plus a selection of quilting threads
- ring binder (dimensions given fit a binder 9½" x 12½" x 2" with a little leeway)

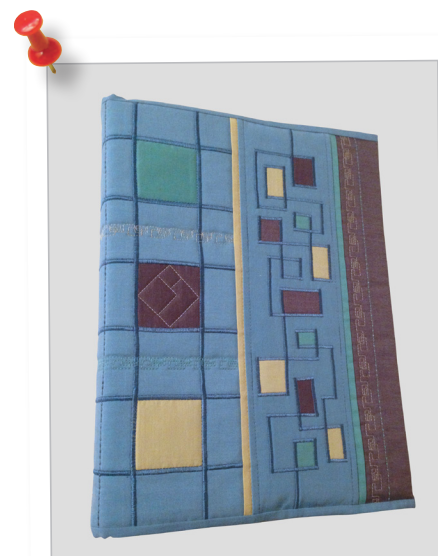
Skill level:
**Advanced
Beginner**

PREPARATION:

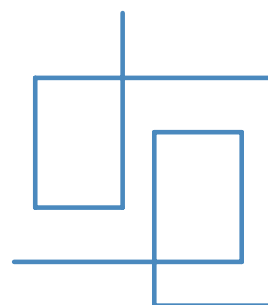
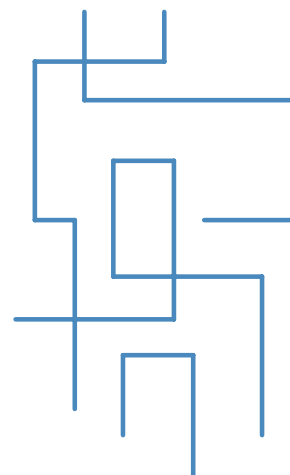
Cut the following:

- blue fabric – 22" x 15" rectangle*; 5" x 15" rectangle*; 1¼" x 15" strip; 2, 1¼" x 24" strips
- grey fabric – 7" x 14" rectangle; 3, 2½" squares; 1¼" x 15" strip
- green fabric – 1¼" x 14" strip; 3, 2½" squares
- yellow fabric – 1¼" x 14" strip; 3, 2½" squares
- backing fabric – 33" x 15" rectangle
- wadding – 33" x 15" rectangle
- stabilizer – 6½ x 14½" rectangle; 21½" x 14½" rectangle

* will be trimmed to a smaller size later



Completed Folder



ATELIER 5 APPLIQUE PROJECT

MAKING THE MAIN APPLIQUE PANEL:

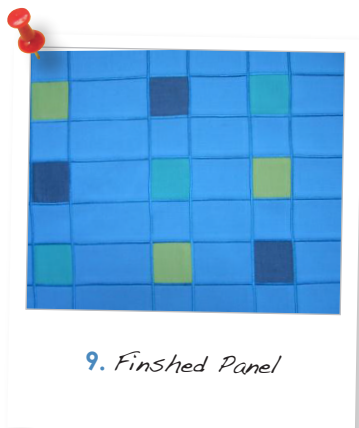
1. Following the manufacturers instructions, and ensuring that it is centred, iron the larger piece of stabilizer fabric to the back of the large blue rectangle.
2. Using a ruler and marker pen mark out the position of the satin stitch grid lines as follows:
 - Lightly draw a central horizontal guideline.
 - Draw parallel horizontal lines at 1" above and 1" below this line
 - Draw 4 further lines (2 above and 2 below) at 3" and 5" from the centre line
 - Lightly draw a vertical guideline at approximately ½" from the right hand side of the fabric, perpendicular to those already drawn.
 - Draw a second parallel vertical line 1½" to the left of the first.
 - Always measuring from the last one drawn continue drawing parallel vertical lines as follows: +2", +4", +2", +3", +2".
3. Using a close machine stitch length and ignoring the centre and vertical guidelines, straight stitch along the full length of each line so as to create a stitched grid.
4. Identify the 9 squares. These will be appliqued using the 2½" fabric squares. Decide which colours will be placed where.
5. Working a square at a time and with all fabrics facing right sides upwards, take the chosen fabric square and place it over its respective grid square on the blue fabric. Baste to prevent slippage.
6. From the wrong side of the fabric, and following the previous stitches, stitch around the square. Ensure your machine is in 'needle down' mode to facilitate turning at the corners. Remove basting thread
7. Repeat for the remaining squares.
8. Working one horizontal row of squares at a time:
 - Trim any excess fabric from around each square; this should be as close to the stitched line as possible.
 - Working from the front and using a close, narrow satin stitch and blue embroidery thread, stitch along the entire length of the horizontal grid lines i.e. those which go through the top and bottom of the square.

STITCH DETAILS :

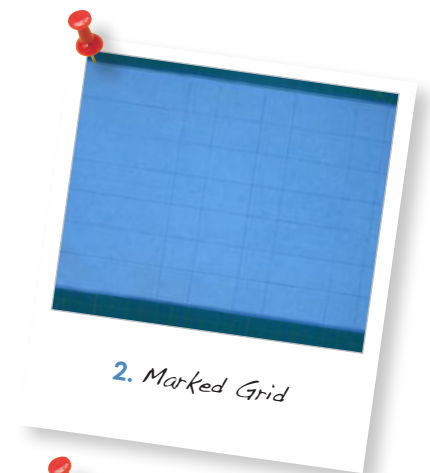
Foot: Applique (AP) or Open Toe (F2)

MODE 1 Stitch : 11, Width 4.0 Length 0.35 or 0.4

9. Repeat for the remaining horizontal rows of squares and then satin stitch along each of the vertical lines Press
10. Ensuring the design is centred vertically, trim the height of panel to 14".
11. Trim the right hand side to the first vertical drawn line. Do not trim the left hand side at this stage.



9. Finished Panel



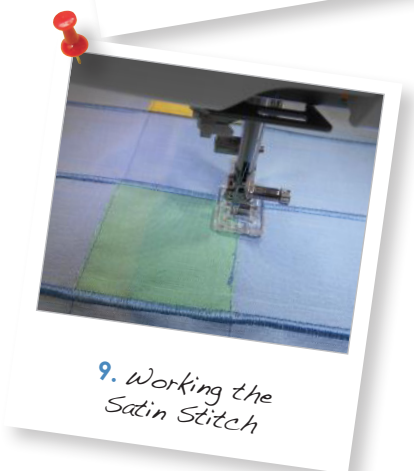
2. Marked Grid



5. Square Basted to Stitched Grid



6. Square Basted to Stitched Grid



9. Working the Satin Stitch

Go ahead...get creative!

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ATELIER 5 APPLIQUE PROJECT

MAKING THE DOODLE DESIGN APPLIQUÉ PANEL

1. Using a light source and marker pen trace the doodle design onto the smaller of stabilizer rectangles
2. Following the manufacturers instructions, and ensuring that it is centred, iron the stabilizer to the back of the smaller blue rectangle.
3. Select a short machine stitch length and the 'needle down' option. With blue thread stitch along the entire length of the doodle design from one end to the other, neatly pivoting at each corner. Using an open toe foot will aid in visibility.

STITCH DETAILS :

Foot: Open Toe (F2) or Standard (A)
MODE 1 Stitch : 01, Length 2.0

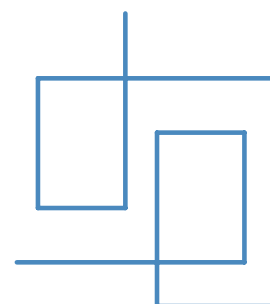
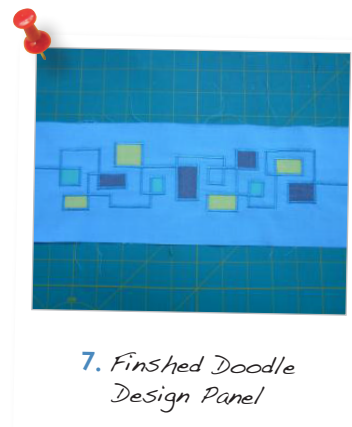
4. Cut small rectangular pieces from the left over grey, green and yellow fabrics.
5. Apply these following the same procedure as used before.
6. Trim any excess fabric from around each rectangle.
7. Select 'needle down' mode. From the front and using a close, narrow satin stitch and complementary embroidery thread, stitch along the entire length of doodle design

-Take care to ensure that the stitched edges of the focus rectangles are neatly covered and that when turning a corner the needle stops at the outer edge, not the inner edge.

STITCH DETAILS :

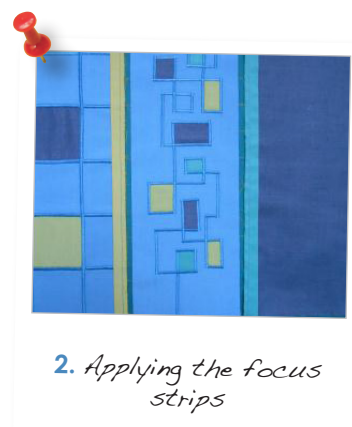
Foot: Applique (AP) or Open Toe (F2)
MODE 1 Stitch : 01, Length 2.0

8. Press. Having centred the design, trim the panel to 4" x 14".



MAKING THE FOLDER COVER QUILT SANDWICH

1. Take the long thin green and yellow fabric strips and fold in half lengthways. Press. Trim each folded strip to exactly 1/2" wide.
2. Matching the vertical edges and with the folded edge facing inwards, baste one strip to the left hand edge of the grey fabric piece and the other to the right hand edge of the main appliqué panel
3. Join all three sections together using a scant 1/4" seam allowance.
4. Press the seam allowances towards the doodle panel.



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ATELIER 5 APPLIQUE PROJECT

QUILTING

1. Layer the backing, wadding and top. Pin or baste.
2. Using the Even Feed foot to prevent slippage, 'quilt in the ditch' along both outer edges of the doodle panel. Stitch two further lines $\frac{1}{4}$ " in from these i.e. on top of the doodle panel

STITCH DETAILS :

Foot: Even Feed

MODE 1 Stitch : 01, Length 2.5

3. With the aid of the quilting guide stitch parallel lines of sculpture stitch at 1" intervals as shown (Shown on above image 3).

STITCH DETAILS :

Foot: Even Feed

MODE 1 Stitch : 08, Length 2.5

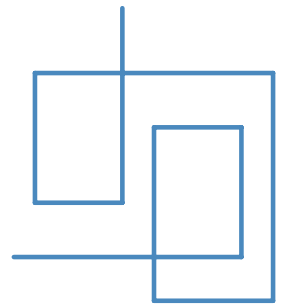
4. Stitch two horizontal lines of doodle stitch and one vertical as shown on Quilting Guide Template.

STITCH DETAILS :

Foot: Open Toe (F2)

MODE 2 Stitch : 77, Length 2.5

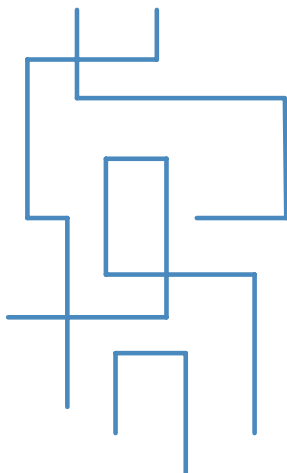
5. Using the template provided as a guide and straight stitch, optionally work an atelier 5 shaped motif within four of the focus squares. Stitch round the inside of the remaining squares using a straight stitch
6. Press the finished quilted top



3. Quilting Stitches



5. Motif Quilting



6. Completed Cover Ready For Making Up

Go ahead...get creative!

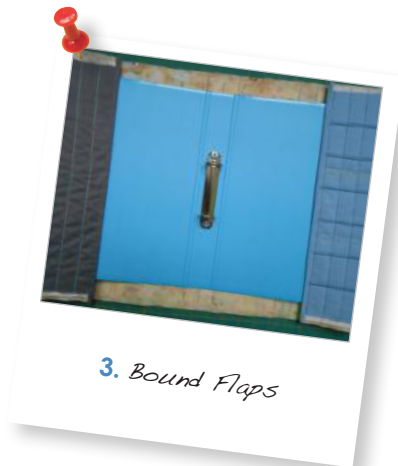
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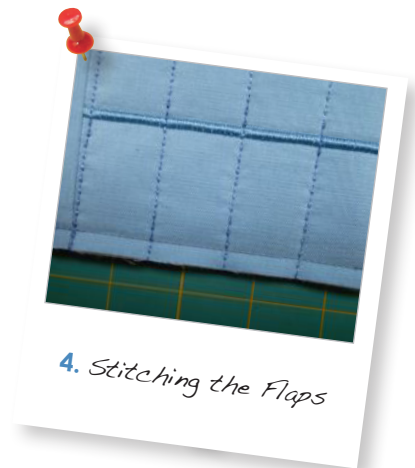
ATELIER 5 APPLIQUE PROJECT



1. Measuring For the Cover Placement



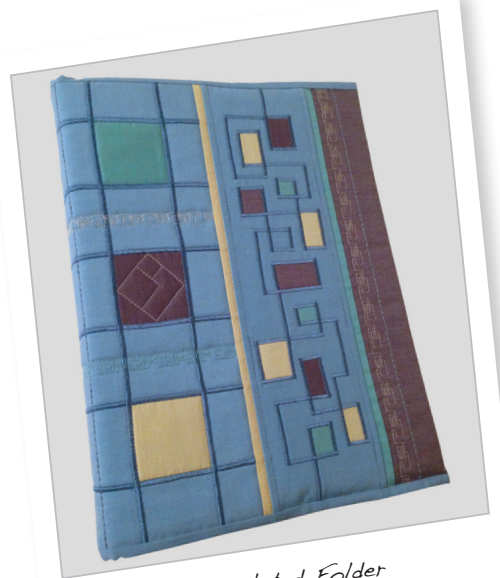
3. Bound Flaps



4. Stitching the Flaps

MAKING UP THE FOLDER COVER

1. Position the binder so that it is horizontally centred on the spine. Mark the position where the fabric needs to fold over to create the flaps
2. Trim the flaps to 4" from the markings.
3. Bind each flap edge using the blue and grey 1 1/4" x 14" strips
4. Measure the height of the folder and add 3/4" to this. Trim the quilt sandwich to this height, first ensuring that the design is centred vertically. Fold in both flaps and stitch a scant 1/4" in from their top and bottom edges Reinforce by sewing another line of stitching just outside of these.
5. Trim the remaining blue 1 1/4" fabric strips such that they are 1" longer than the cover's width.
6. Bind the top and bottom edges, neatly folding in 1/2" of excess fabric at each end.
7. Slip the finished folder into its new cover and admire



7. Completed Folder

RESOURCES

This project was created specifically for the Janome Atelier 5 sewing machine. However, other Janome machines can be used by substituting the stitches available in stitch package of the model you are using to create a similar effect.

Colourshott cottons by Oakshott Fabrics (www.oakshottfabrics.com). Shades used: Baja Blue (COTX53), Vintage Silver (COTX28), Fleur (COTX38) and Linosa (COTX35).

Janome Embroidery thread (shade 230), pale blue sewing thread and quilting threads in pale blue, green and yellow.

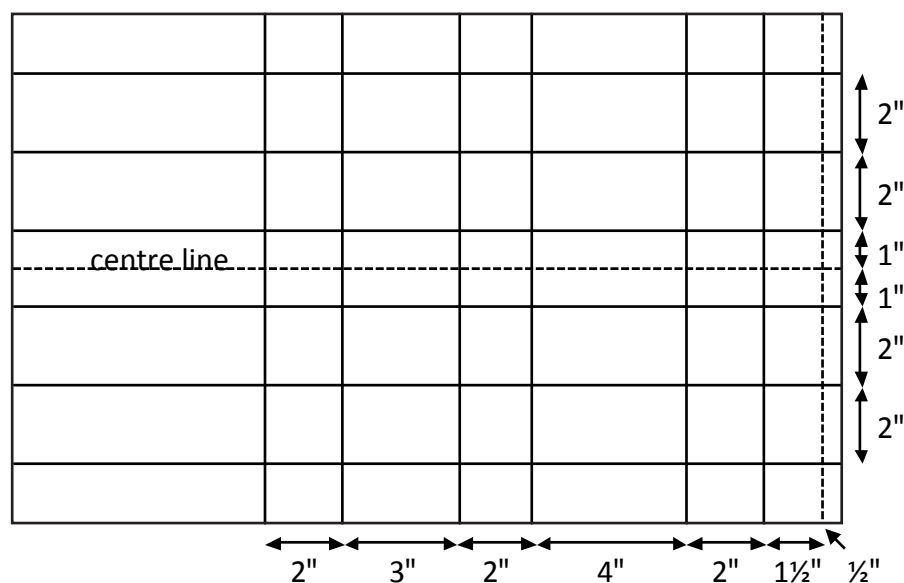
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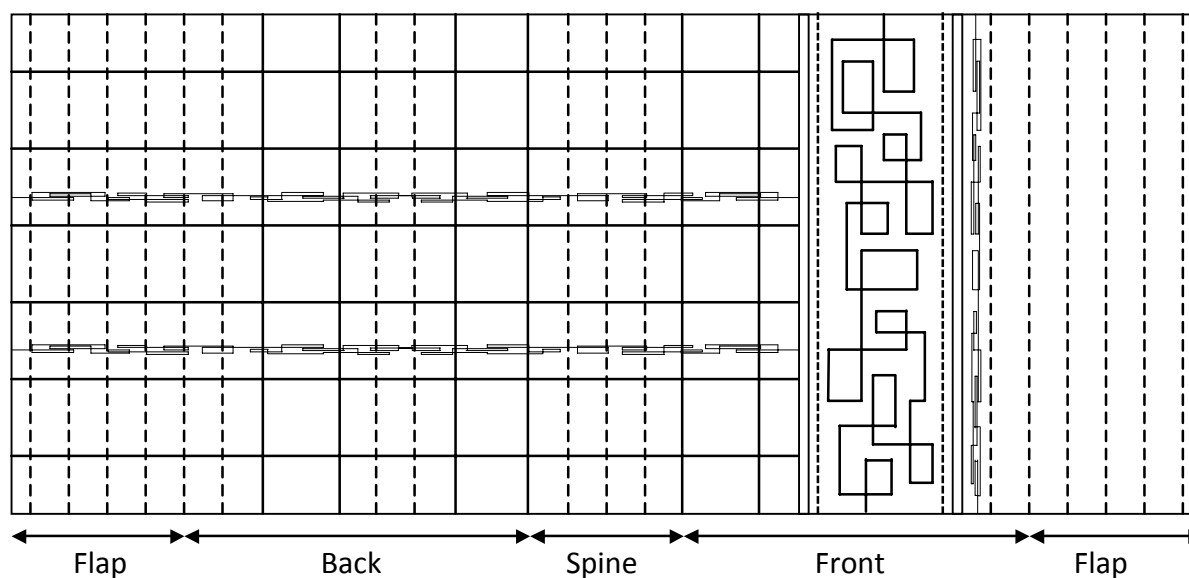
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ATELIER 5 APPLIQUE PROJECT

Template 1 – Markings for Satin Stitch

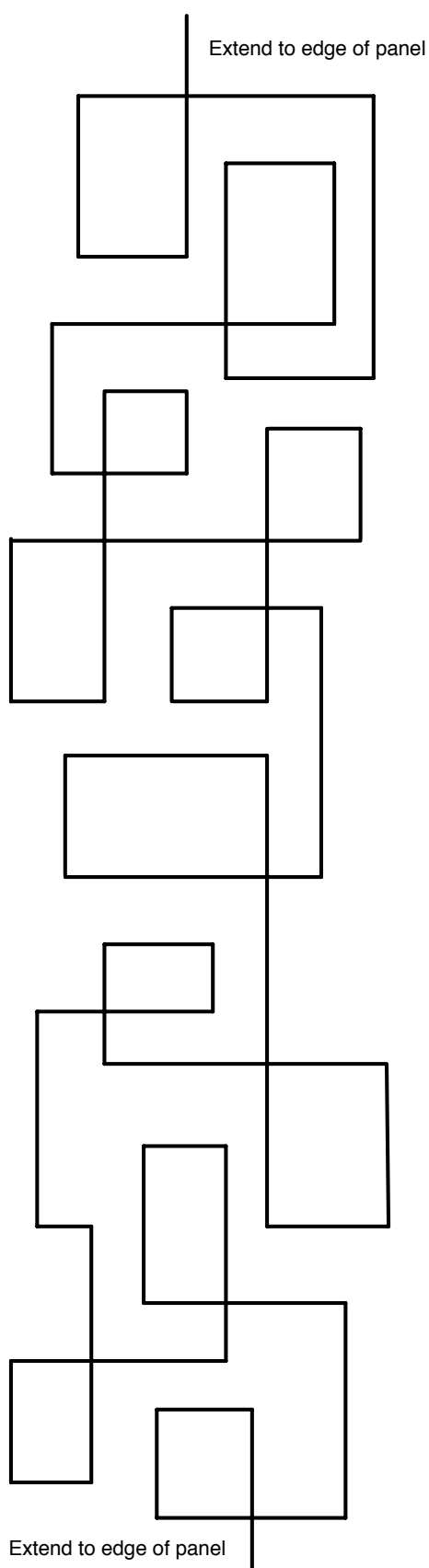


Template 2 – Quilting Guide

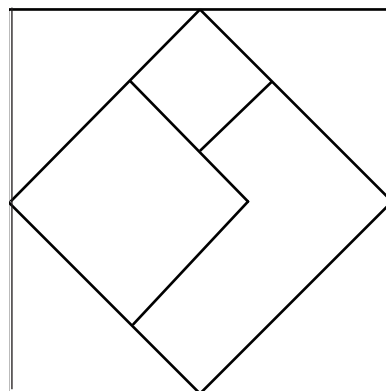


Go ahead...get creative!

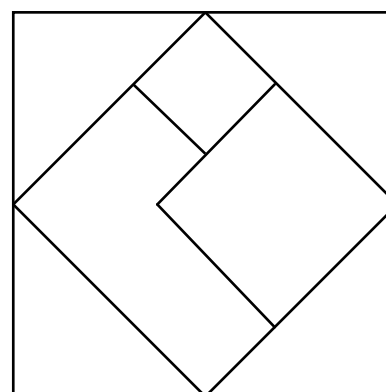
ATELIER 5 APPLIQUE PROJECT



Template – Quilting Motif



Motif



Reversed Motif

Template 3 – Doodle Design Panel

(Reversed Ready to Use)

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